CLINICAL EXCELLENCE. MEASURABLE OUTCOMES.

At Pasadena Villa Outpatient, clinical excellence isn't a standard we aspire to — it's the foundation on which every program is built. Our credentialed, multidisciplinary teams deliver individualized treatment that integrates evidence-based modalities with holistic care, meeting each client's clinical complexity with precision and compassion. The outcomes reflected in this report are the direct result of that commitment, and of the clients who trusted us with their care.

Pasadena Villa® OUTPATIENT

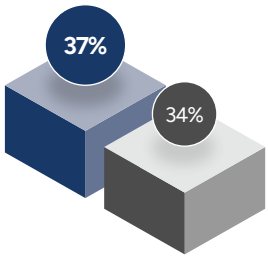
2025 CLINICAL OUTCOMES

OUTPATIENT SERVICES

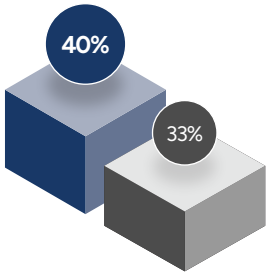
3-YEAR | PASADENA VILLA OUTPATIENT (BASIS-24)

PASADENA VILLA OUTPATIENT CLIENTS NATIONAL AVERAGE

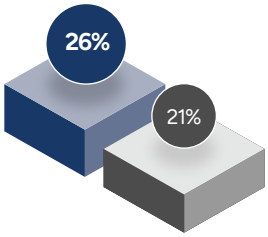
2023-2025 DEPRESSION REDUCTION



2023-2025 PSYCHOSIS REDUCTION



2023-2025 RELATIONSHIP IMPROVEMENT



VIRTUAL TREATMENT

From 2023 through 2025, Pasadena Villa Outpatient's virtual program in North Carolina reduced overall symptom severity among clients served by

↓39%

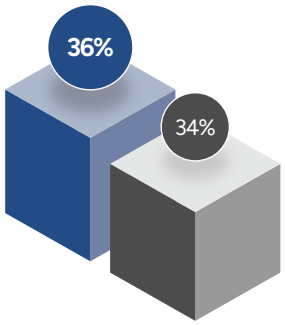
*VS **32%** NATIONAL AVERAGE*

3-YEAR | ODYSSEY OUTPATIENT (BASIS-24)

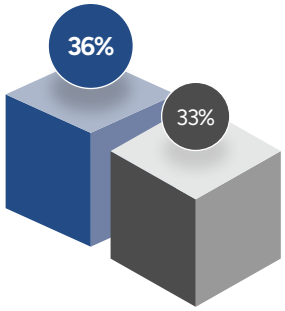
Tracking clinical outcomes over multiple years reveals trends in client progress and long-term treatment effectiveness that a single-year snapshot cannot capture. This extended view provides deeper insight into how clients respond to care over time, supporting more informed treatment planning and stronger long-term outcomes.

ODYSSEY CLIENTS NATIONAL AVERAGE

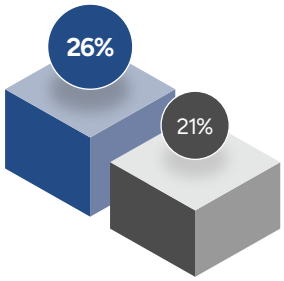
2023-2025 DEPRESSION REDUCTION



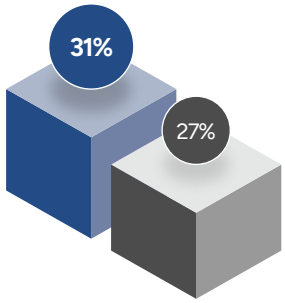
2023-2025 PSYCHOSIS REDUCTION



2023-2025 RELATIONSHIP IMPROVEMENT



2023-2025 EMOTIONAL LABILITY IMPROVEMENT



WHAT OUR CLIENTS SAY

Voices from Our Community

"Pasadena Villa Outpatient has been the best experience of my life. My time here has truly impacted every corner of my world. The staff is amazing, and they work so hard to create a safe space. From my first day, I felt like I finally had a place where I truly belonged and could be who I am, no matter how broken and scarred. If anyone is considering PHP or IOP, call Pasadena Villa Outpatient — you deserve it."

— Grateful Alum
Pasadena Villa Outpatient Nashville

CARE INFORMED BY RESEARCH + TRAINING

Pasadena Villa Outpatient uses a comprehensive battery of clinical outcome measurement tools to track progress, assess treatment effectiveness, and refine care in real time. Grounded in current research, these tools provide objective insight across mental health treatment, enabling the clinical team to adapt, optimize, and deliver the highest standard of care for every client.

eBASIS BPRS

2025 | PASADENA VILLA OUTPATIENT

CLIENT DEMOGRAPHICS + DIAGNOSES

Pasadena Villa Outpatient specializes in outpatient treatment for mental health conditions, serving a diverse adult population nationwide. The data below reflects the clinical complexity and breadth of the population Pasadena Villa Outpatient served in 2025.

3,025
TOTAL DISCHARGES

20%
CLIENTS WITH 2+ DIAGNOSES

43%
CLIENTS AGES 18–29

57%
CLIENTS AGES 30+

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Depressive disorders	57%	41%
Bipolar disorders	17%	14%
Anxiety disorders	11%	24%
Trauma-related disorders	7%	10%
Schizophrenia + psychotic disorders	1%	4%
Personality disorders	1%	1%
Other	3%	6%

Note: Percentages may not equal 100% due to rounding.