



The Pasadena Villa Outpatient Treatment network provides treatment for adults, 18 years or older, struggling with various mental health conditions. The levels of care offered include partial hospitalization and a daytime/evening intensive outpatient program.

Levels of Care

Partial Hospitalization Program (PHP)

PHP meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)

IOP meets in person three to five days a week for three hours a day.

Evening Intensive Outpatient Program (E-IOP)

Evening IOP meets in person three evenings per week.

What We Treat

- Anxiety Disorder
- Major Depressive Disorders
- Mood Disorders
- Bipolar Disorder
- Post-Traumatic Stress Disorder (PTSD)
- Personality Disorders

How We Treat

Our program is firmly rooted in evidence-based treatment methods with treatment plans specific to each client's needs. In tandem with our Social Integration Model™, which enables clients to put skills learned into practice with the support of their therapist, our clinical team uses multiple therapeutic modalities, including:

- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Family Therapy
- Group Therapy
- Individual Therapy
- Expressive Therapy

Payment Options

Pasadena Villa Outpatient treatment centers offer a variety of payment options, including in-network, out-of-network, and private-pay rates that may vary by state or location. Please contact us at 540.300.3387 to learn more about the financial and insurance options available.

Pasadena Villa Outpatient — Stafford provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 540.300.3387.

All calls are 100% confidential.

Pasadena Villa[®]
OUTPATIENT Stafford



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Pasadena Villa Outpatient — Stafford
125 Woodstream Blvd, Suite 401
Stafford, VA 22556

pasadenavillaoutpatient.com/stafford



Pasadena Villa Outpatient - Stafford is a proud part of the Odyssey Outpatient Network.