

## Our Program

Designed to help individuals needing a higher level of treatment than traditional outpatient services, our program offers the extra treatment and support needed to foster meaningful improvement. Groups are offered three times per day, four days per week from 9:00 am to 12:00 pm, 1:00 pm to 4:00 pm, and 5:00 pm to 8:00 pm for adults of all genders.

This level of programming is ideal for those currently working, in school, or unable to travel or attend treatment only during the day. Online therapy for mental health conditions is proven to be as effective as in-person treatment if you choose the right program with a strong clinical team.

## What We Treat

Our experienced clinicians can work with clients to treat a variety of mental health conditions, including:

- Anxiety
- Bipolar Disorder
- Depression
- Personality Disorders, including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia and Other Psychotic Disorders

## How We Treat

Our team of experienced clinicians works closely with each client to address the root causes of their mental health condition, supporting healing with personalized treatment. The program fosters an atmosphere of openness and non-judgment, where clients feel heard, understood, and empowered.

## Levels of Care Available

### Partial Hospitalization Program (PHP)

PHP meets in person five days a week for six hours per day.

### Intensive Outpatient Program (IOP)

IOP meets in person five days a week for three hours a day.

### Virtual Intensive Outpatient Program (V-IOP)

V-IOP is a virtual program that meets four days a week, three times per day.

## Payment Options

We offer flexible payment methods, including in-network options with commercial insurance providers, out-of-network benefits, and a private-pay rate.

Call Us Today: **866-887-1035**

[pasadenavillaoutpatient.com/levels-of-care/virtual-iop/](https://pasadenavillaoutpatient.com/levels-of-care/virtual-iop/)

## LEVELS OF CARE & LOCATIONS

*Pasadena Villa bridges the treatment gap between acute hospitalization and traditional outpatient to improve clinical outcomes and maximize each person's long-term recovery potential through a full continuum of care in Virginia.*

	RESIDENTIAL TREATMENT CENTER (RTC)	PARTIAL HOSPITALIZATION PROGRAM (PHP)	INTENSIVE OUTPATIENT PROGRAM (IOP) & VIRTUAL IOP
<b>THE GROVE</b> <i>Mental Health</i> (Locust Grove)	✓		
<b>CHANTILLY</b> <i>Mental Health</i>		✓	✓
<b>RICHMOND</b> <i>Mental Health</i>		✓	✓
<b>MCLEAN</b> <i>Mental Health</i>		✓	✓
<b>NORFOLK</b> <i>Mental Health</i>		✓	✓
<b>STAFFORD</b> <i>Mental Health</i>		✓	✓

**Pasadena Villa The Grove**



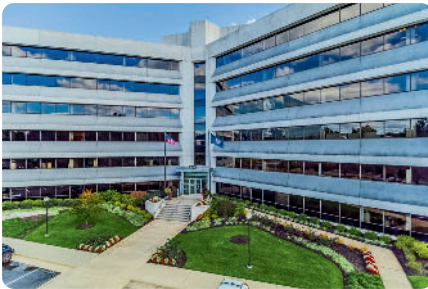
**Pasadena Villa Outpatient - Chantilly**



**Pasadena Villa Outpatient - Richmond**



**Pasadena Villa Outpatient - McLean**



**Pasadena Villa Outpatient - Norfolk**



**Pasadena Villa Outpatient - Stafford**

