

LIFE-CHANGING TREATMENT WITH PROVEN, LASTING IMPACT

We meet clients where they are in their journey and provide the therapeutic techniques and practical tools to support sustainable recovery. Our credentialed, expert clinical teams help clients see healing as possible by using individualized treatment plans that combine evidence-based treatment modalities with holistic methods to achieve whole-person wellness.

Pasadena Villa[®]
OUTPATIENT

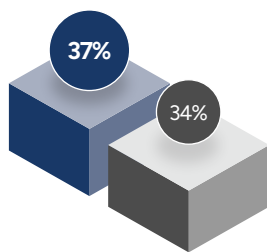
CLINICAL OUTCOMES 2024

OUTPATIENT SERVICES

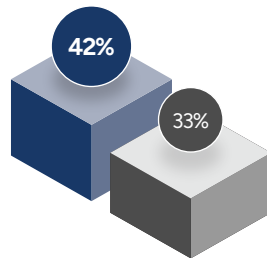
PASADENA VILLA OUTPATIENT SERVICES (BASIS-24)

 PASADENA VILLA OUTPATIENT CLIENTS  NATIONAL AVERAGE

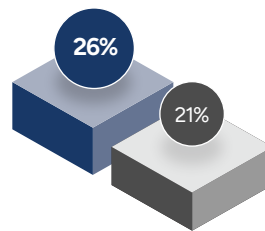
2024 DEPRESSION REDUCTION



2024 PSYCHOSIS REDUCTION



2024 RELATIONSHIP IMPROVEMENT



SELF-HARM REDUCTION

In 2024, Pasadena Villa's virtual outpatient program lowered the severity of their clients' self-harm symptoms by

↓ **51%**

VIRTUAL OUTPATIENT
SERVICES

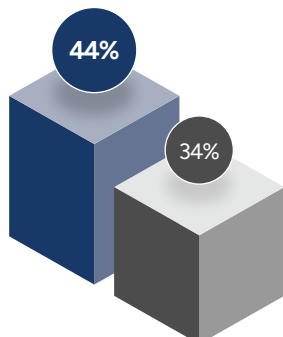
ODYSSEY PSYCHIATRIC NETWORK

OUTPATIENT SERVICES (BASIS-24)

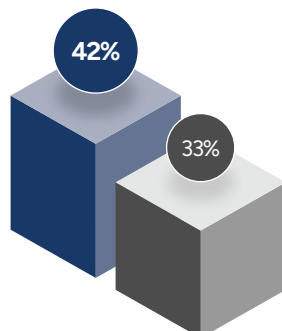
Measuring clinical outcomes longitudinally tracks progress over time, reveals trends, and identifies long-term treatment effectiveness that a one-year snapshot cannot capture. This extended view provides valuable insights into how clients respond to care, enabling adjustments to treatment plans and enhancing the overall client experience — ultimately promoting sustained recovery and improved outcomes.

 ODYSSEY CLIENTS  NATIONAL AVERAGE

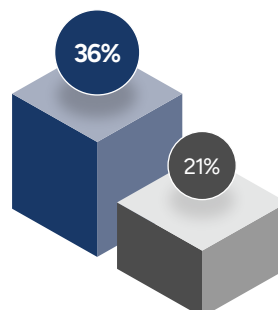
2023/2024 DEPRESSION REDUCTION



2023/2024 PSYCHOSIS REDUCTION



2023/2024 RELATIONSHIP IMPROVEMENT



2-YEAR OVERALL OUTPATIENT RESULTS

Through 2023 and 2024, Odyssey psychiatric outpatient services lowered the severity of their clients' overall symptoms by

↓ **40%**

VS 32% NATIONAL AVERAGE

(BASIS-24)

WHAT OUR CLIENTS SAY

Voices from Our Community

“For the first time in my life, I have benefited from an outpatient program, thanks to Pasadena. All the therapists are more than amazing. I was met with kindness and empathy since the first phone call to become a client. I would absolutely recommend this program to anyone seeking help for their mental health. Everyone that plays a part in this program is truly great.”

Grateful Alum

Pasadena Villa Outpatient Troy

CARE INFORMED BY RESEARCH + TRAINING

We use a comprehensive battery of clinical outcome measurement tools to track progress, assess effectiveness, and refine treatment plans. Grounded in research, these tools provide valuable insights into mental health, addiction, and eating disorder recovery, allowing us to adapt and optimize the care we provide for the best possible outcomes for every client.



PASADENA VILLA OUTPATIENT SERVICES

2024 CLIENT DEMOGRAPHICS + DIAGNOSES

Pasadena Villa Outpatient specializes in treating a wide range of mental health disorders. Our comprehensive, personalized approach to treatment combines evidence-based therapies, medical support, and a whole-person approach that addresses the unique needs of each individual.

2,091

TOTAL
DISCHARGES

7%

CLIENTS WITH
2+ DIAGNOSES

43%

CLIENTS
AGES 18-29

57%

CLIENTS
AGES 30+

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Depression disorders	59%	25%
Bipolar disorders	15%	9%
Anxiety disorders	14%	42%
Trauma related disorders	5%	11%
Schizophrenia and psychotic disorders	2%	1%
Personality disorders	1%	1%
Substance use disorders	0%	1%
Autism spectrum disorder	0%	1%
Other	3%	9%

Note: Percentages may not equal 100% due to rounding up or down.